



Breastfeeding the natural choice



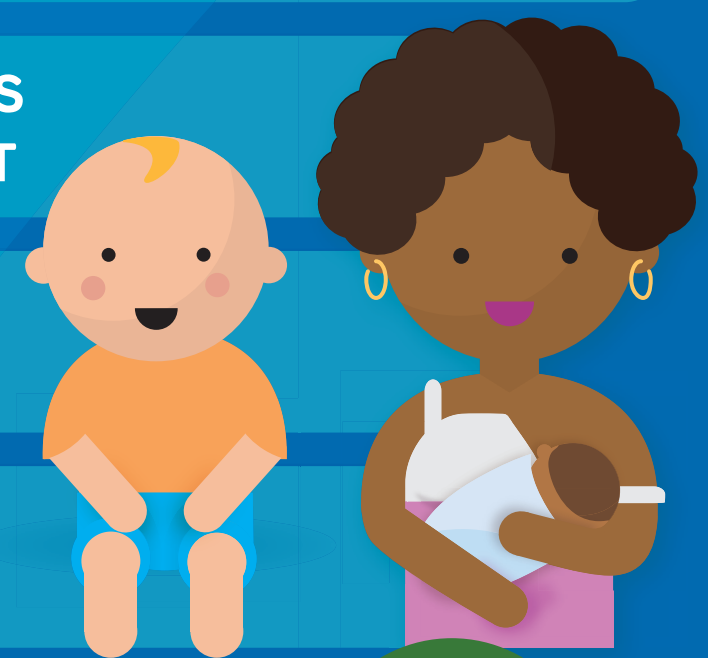
ALL THE **NUTRITION** YOUR BABY
NEEDS FOR THE FIRST 6 MONTHS

NUTRITION

CAN PROTECT YOUR BABY FROM INFECTION & REDUCE
THE RISK OF SOME DISEASES FOR BABY & YOU



BREASTFEEDING FOR **2 YEARS & BEYOND** CONTINUES
TO PROTECT YOUR BABY & PROVIDE NOURISHMENT



BREASTFEEDING IS **MORE CONVENIENT**
& **ALWAYS AVAILABLE** WHEN YOUR BABY NEEDS IT

BREASTFEEDING **SUPPORTS**
BONDING & BRAIN DEVELOPMENT

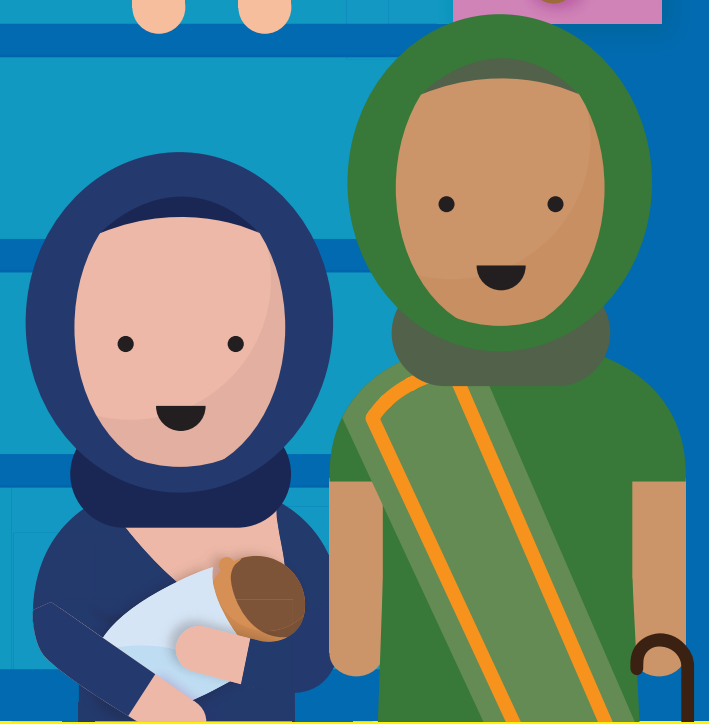


BREASTMILK IS **TAILORED FOR YOUR**
BABY & CHANGES AS YOUR BABY GROWS

BREASTFEEDING CAN BE A **QUICK &**
EASY WAY TO COMFORT A BABY



GIVING A BOTTLE IN THE FIRST SIX WEEKS
CAN MAKE BREASTFEEDING DIFFICULT



For help and advice **contact the Baby Feeding team**
07961 609 626 or speak to your **Health Visitor**