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**TAKING ACTION IN A CRISIS**

* Dial 999 if you need emergency services
* Dial 020 7364 5005 if the issue relates to adult safeguarding, or if an adult urgently needs input from social care
* Dial 020 7364 5601 / 5606 if you are worried about the safety of a child

Dial 020 7364 5555 if you urgently need help from children’s social care